Become an expert in the nuances of personality and master the delicate art of interpreting the whole profile.

## **Program Design and Overview**

These sessions are designed to challenge and change the way you think about human nature, leadership, and performance. We will take you back to the fundamentals of personality and Personalysis and provide you with foundational training concepts.

You will learn to interpret assessment results from the whole-profile view and gain insights which will assist you in delivering interpretation and coaching.

Each session brings a wealth of expertise and a unique approach to Personalysis interpretation and coaching.

Module 1: Personalysis Questionnaire & History
Module 2: Comprehensive Exploration of Color
Module 3: Instinctive and Social Dimensions
Module 4: Preferred Dimension & Profile Dynamics
Module 5: Working with the Profile
Group Mentor Session: Best practices
Case Study: Independent activity and submission

All sessions will be delivered live. Recordings will be available for those who wish to attend on-demand.

## What You'll Learn

- The why and how of the questionnaire itself
- The underlying concepts supporting the interpretation of Colors, their energy signature, timeframes, and their distinct approach to power and trust
- The dark side of color, their negative responses and reactions
- How the instinctive dimension grounds, supports and energizes the whole person
- Seeing past judgement and biases
- How and why people get communication so wrong – and what you can do about it
- The challenge of social expectations verses instinctive needs - and how to ease the tension.
- Why engagement and career satisfaction is critical to success – and how to utilize within organizations and individual coaching
- Addressing guilt, shame, and insecurity in the Personalysis profile



## Join one of our two cohorts

March 12 – April 9, 2025 Wednesday's, 12pm-1:30pm Central

September 9 – October 7, 2025 Tuesday's, 10am – 11:30am Central Investment: \$1,400

\* Prerequisite: Color Combinations

Reserve your spot: info@personalysis.com

Questions to: Kristi@personalysis.com